



Consumer Credit Counseling Service of Rochester
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Income and Expenses Worksheet

My Income

Wages \$ _____
 Public assistance (food stamps, etc.) \$ _____
 Child Support/Alimony \$ _____
 Interest/Dividends \$ _____
 Social Security \$ _____
 Other \$ _____

Total Income \$ _____

My Expenses

Fixed

Rent/Mortgage \$ _____
 Property taxes/Insurance \$ _____
 Trash collection \$ _____
 Car payment \$ _____
 Car insurance \$ _____
 Other loan payments \$ _____
 Credit Cards \$ _____
 Health insurance \$ _____
 Day care/Elder care \$ _____

Flexible

Gas/Oil \$ _____
 Electricity \$ _____
 Water \$ _____
 Groceries \$ _____
 Telephone (cell phone) \$ _____
 Transportation/Gas \$ _____
 Cable TV/Internet \$ _____
 Lunches/Dining out \$ _____
 Car maintenance \$ _____
 Education \$ _____
 Charitable Giving \$ _____
 Personal expenses (cigarettes) \$ _____
 Savings \$ _____

Total Expenses \$ _____